



The 56th Annual  
Miss USA Pageant



2007 Miss Universe  
Pageant



Tips for  
Physical Fitness



Meet Miss SC Teen USA  
Caitlin Upton



RPM Productions, Inc.

Miss USA 2007

Where beauty meets ability

Beyond the Crown

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# 56TH ANNUAL MISS USA PAGEANT

CONGRATULATIONS TO ALL OF RPM'S GIRLS, ASHLEY, ELIZABETH AND ERIN, WHO PLACED IN THE SEMI-FINALS AT THE 2007 MISS USA PAGEANT.

The famous Kodak Theatre, home to the Academy Awards, was the venue for this year's Miss USA pageant. Fifty-one of the country's most beautiful young ladies spent three weeks visiting Los Angeles, making guest appearances on The Tonight Show with Jay Leno Show, Entertainment Tonight, the Los Angeles Kings Hockey game and the LA Laker's Basketball game. They visited Universal Studios and attended the premier of the newly released thriller, Disturbia. Before their on location rehearsals began they were photographed in their swimsuits and evening gowns by world famous fashion photographer, Fadil. After days of rehearsals and the preliminary competition, the live telecast took place on NBC, March 23rd and one young lady had her life changed forever.

Rachel Smith, 21, of Clarksville, TN, was crowned Miss USA 2007 by Tara Conner of Kentucky, Miss USA 2006. She will represent the USA in the Miss Universe competition, on May 28th in Mexico City, competing against more than 80 other countries.

Miss Rhode Island USA, Danielle Lacourse was the first runner-up, Miss Kansas USA, Cara Renee Gorges was the second runner-up, Miss California USA, Meagan Yvonne Tandy, was the third runner-up and Miss Nevada USA, Helen Salas, was the fourth runner-up.



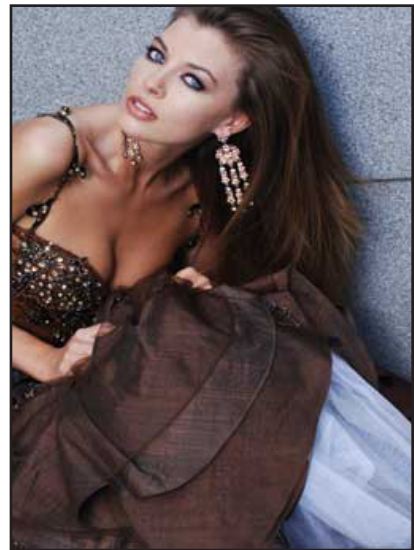
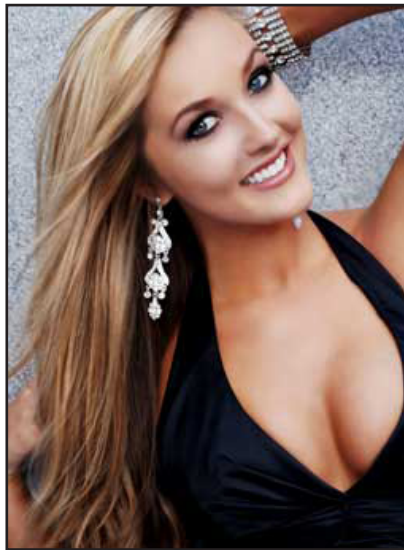


The other finalists in the top ten were: Miss Virginia USA, Lauren Elizabeth Barnette; Miss Hawaii USA, Chanel Wise; Miss Missouri USA, Amber Marie Seyer; Miss Texas USA, Magen Ellis; Miss Utah USA, Heather Anderson. Also in the top fifteen were: **Miss South Carolina USA, Ashley Derham Zais**, Miss Michigan USA, Kelly Best, **Miss Louisiana USA, Elizabeth Bienvenu McNulty**, **Miss North Carolina USA, Erin O'Kelley** and Miss Wisconsin USA, Caitlin Shea.

Miss Photogenic USA™ Award: Miss Alabama, Rebecca Moore. The general public voted on [www.nbc.com](http://www.nbc.com) for the delegate who exemplifies beauty through the lens of a camera. Miss Congeniality USA™ Award: Miss Montana USA, Stephanie Trudeau. The award reflects the respect and admiration of the delegate's peers, who voted for her as the most congenial, charismatic and inspirational participant.

Throughout the live two-hour primetime event hosted by "Access Hollywood's" Nancy O'Dell and Tim Vincent, the contestants competed in three categories: swimsuit, evening gown and interview. After these competitions, the Top Five finalists were selected before the crowning. Tara Conner, Miss USA 2006, crowned her successor before an estimated worldwide viewing audience of more than 250 million.

The judging panel for the 2007 Miss USA® Pageant included: Vince Young; NFL Quarterback for the Tennessee Titans; Bravo's "Blowout" star, Jonathan Antin; Los Angeles Lakers owner, real estate tycoon Dr. Jerry Buss; E! News Co-Host Giuliana De Pandi; MTV's "Total Request Live" VJ and "Entertainment Tonight" Correspondent Vanessa Minnillo; President and Creative Director, Baby Phat Kimora Lee Simmons; Jerry Springer host of NBC's hit show "America's Got Talent" and Corinne Nicolas, President of Trump Model Management headlined the celebrity judging panel.



## 2007 MISS UNIVERSE PAGEANT

The 2007 Miss Universe Pageant will be held live on NBC, May 28, 2007 from Mexico City, Mexico. Eighty-seven of the world's most beautiful delegates will compete for the crown and title. The current Miss Universe is Puerto Rico's Zuleyka Rivera.

Be sure to watch Rachel Smith of Tennessee try to become the 8th woman from the United States, and the first since 1997 to capture the crown!



# TIPS FOR PHYSICAL FITNESS

Summer is almost here and soon you will shed those long sleeves and jeans for shorts and swimsuits. Now is the perfect time to start thinking about your fitness and make the commitment to improve your workout and tone those muscles. Here are a few tips to get started:

It is important to look your best and feel your best. A good way to start is by eating healthy. If you like the quick drive through meals, or would rather have dessert instead of the meal, you will need to trade those high calories and sugar filled goodies in for more fruit and vegetables. Summer time is the perfect time for a change in diet since many of the "good for you fruits and vegetables," such as watermelon, oranges, strawberries, tomatoes, and cucumbers are in season. Also, try increasing your water intake and avoiding sodas and sugary drinks.

Walking is another good habit to start if you are not one who likes to exercise. Start by just walking up the street and back, then increase your time and distance. Thirty minutes a day of brisk walking will increase your energy level and help you burn calories. You will soon start to feel better and may even see some changes in your weight.

You don't need to join a gym or buy special equipment to start working out. Dancing, jumping rope, swimming or riding a bike will burn calories the same way going to a gym and working out for an hour will. So make that commitment to get fit for the pageant by creating your own exercise program. By the fall you will look great and feel like a queen.

For more information on how to become physically fit, visit [www.bodydesignbymike.com](http://www.bodydesignbymike.com).

## MEET MISS SC TEEN USA 2007 CAITLIN UPTON

Caitlin is a well rounded 18-year-old senior at Lexington High School. She is actively involved in her school, as well as in the community and values her faith, family and friends. Her interest and talents include: sports, graphic design, professional modeling and community service.

A self-proclaimed tomboy, Caitlin is an athlete and is active in club and varsity soccer. She has been a starting player for the high school varsity soccer team her entire high school career. During the summer of 2006, Caitlin traveled with her elite soccer team to Germany where they placed second in a tournament involving several European countries.

Caitlin is the first to tell you how important soccer is in her life, but she also takes the responsibility of being Miss SC Teen USA just as seriously. She recently was invited to be an official spokesperson at the Dental Boot Kamp held this year in Charleston, SC. She was delighted to have pictures made with many of the dentists from around the country attending the seminar. Caitlin also traveled to Myrtle Beach at the request of the Myrtle Beach Chamber of Commerce for Can-Am days, where she mingled with dignitaries such as the Ambassador to Canada from the US and Ambassador to the US from Canada.



A professional model, Caitlin has been asked to model in Los Angeles this summer, but she'll have to wait and see what her schedule is as she will be heading to the national Miss Teen USA competition to be seen live on NBC. A date and location will be determined soon. We wish Caitlin the best of luck!